

40 DAYS OF FASTING FROM WRONG THINKING

THE DEVOTIONAL



Week 3.

DAY 15.

Today we are fasting from the thought that says, **"God is far from me."**

We must learn to not only discern between right and wrong, but we must discern between *right* and *almost right*.

It's *almost right* to ask God to come down and help us. It sounds holy. It sounds humble. But you will truly be free when you discover, *He is already here*. *Emmanuel* means, "God WITH us." When Jesus came to the earth, He put an end to the separation between God and man.

Separation between us and God is a myth. The devil wants us to believe it to keep us powerless. We were separated from God through our sin (Isaiah 59:2), but Jesus took *away* the sin through His blood. Therefore, the moment we are born again, there is *no separation* anymore. We sometimes feel that He is so far away, but He is not. He is here. He is there. He is everywhere we are.

LET'S CHANGE IT TODAY

1. PSALM 46:1 SAYS, "HE IS AN EVER-PRESENT HELP IN TIMES OF TROUBLE."

Wow! You have to love this thought. Have you ever had times of trouble? But notice, He is ever-present. Then, it says, *help* in times of trouble. It is His ever-presence that brings us help in times of trouble.

2. TAKE HIM AT HIS WORD.

Jesus said in Matthew 28:20, "Lo, *I am* with you always; even *to the end of the age*." There is no way to misinterpret this verse. Jesus is with YOU always. That has to warm your heart and comfort you.

3. CHRISTIANITY IS NOT A LIFE OF ATTAINMENT, BUT A LIFE OF RECOGNITION.

In Job 3:25, Job feared that his children would curse God, and that's what happened. When you realize fear has the power to produce negative results, you stop dabbling in it. When a child learns what fire

can do, he no longer plays with matches!

4. CHRISTIANITY IS NOT ABOUT US FINDING GOD

It's about Jesus *finding* us, spilling His blood to cleanse us from all unrighteousness, taking us into His arms, and breathing His very Spirit into us. Now He lives in every person that has accepted Him as their Savior and Lord. Romans 8:11 tells us that the Spirit of God lives in us!

5. RESIST THE TEMPTATION TO PRAY, "GOD, COME DOWN AND HELP ME" OR "SEND YOUR SPIRIT."

He has already come. He has already sent His Spirit. Our battle is to believe this whether we feel His presence or not. He is in us!

6. IT'S NOT US LIVING FOR GOD. IT'S US LIVING FROM GOD.

Galatians 2:20 says, "*It is no longer I who live, but Christ lives in me.*"

THINK IT AND SAY IT

I am not separated from God in any way. He is an ever-present help in my time of trouble. His ever-presence brings me help! I recognize that He is already in me. That's what makes my faith work. God is not far off. He is right here, right now. I am surrounded by His love and enveloped in His presence. Therefore I am not afraid. I am not trying to live FOR God; I am living FROM Him. His power is in me. His presence is in me. His love is in me. And nothing can ever separate me from the love of God, which is in Christ Jesus, my Lord! Amen.

DAY 16.

Today we are fasting from **small** thinking. THIS IS GOING TO CHANGE EVERYTHING!

Small thinking produces small living. If we set up small expectations for our lives, that's what we'll get. The problem with that mindset is that God is bigger than we ever imagined. He has bigger plans for us more than we've ever dreamed. Time to **ditch small thinking!**

LET'S CHANGE IT TODAY

1. YOUR GOD IS TOO SMALL! EVERYTHING CHANGES WHEN WE LET GO OF A SMALL GOD. HOW BIG IS YOUR GOD?

Scientists estimate there are over 100 billion galaxies and 100 billion stars in each of them! And God created them and calls them all by name. He's BIG.

2. HOW BIG IS HE?

He's big enough to take away the sin of the world; to allow us to make mistakes without punishment; to put great dreams in human hearts; and big enough to not have to threaten us to accept Him. He's a BIG, BIG GOD!

3. THINK BIG!

Renew your mind to God's language. For example: *"Ask for the nations"* (Psalm 2); *"Speak to the mountain"* (Mark 11); *"Your descendants shall be as numerous as the stars"* (Genesis 15); *"You shall possess the land"* (Numbers 13), and so on. God uses *big* language and gives us *big* dreams!

4. ASK BIG! GET YOUR JABEZ ON!

He **prayed**: *"Lord, bless me indeed. Enlarge my territory..."* Ask Him **that** today. *"...and God granted his request."* Ephesians 3:20 says, *"God is able to do exceeding abundantly beyond all that we can ask or think."* Start asking and thinking the way God says to.

5. NEVER STOP DREAMING AND ENVISIONING A BETTER LIFE.

In Acts 2:17 God says, *"In the last days I will pour out my Spirit upon all people. Your young men will see visions, and your old men will dream dreams."* You see? He says, *"Old men will dream dreams"* because even as we get older, we are not supposed to stop dreaming! God wants you to keep dreaming no matter what!

6. TAKE YOUR SEAT!

What do I mean? God has seated us with Jesus Christ in heavenly places (Ephesians 2:6). We have been given a divine authority and divine point of view. That's how we need to look at life-from our position, seated **above** all limitations!

7. IMPRINT THIS ON YOUR HEART AND MIND: ROYALTY DESTROYS INFERIORITY!

Acquaint yourself with your new bloodline. You are royalty in Christ. This makes you reign over life (Romans 5:17). When you know that you are made righteous and made royal by His blood, it makes you as confident and bold as a lion! Believe it!

THINK IT AND SAY IT

I give up small thinking. I let go of a small god. I agree with God's way of looking at things and God's language. I decide to think bigger and bigger every day, and to ask for the things God said I could ask for. I accept the visions and dreams that the Holy Spirit wants to give me; and I let go of all failure, disappointment, and fear-based thoughts, in Jesus' Name!

DAY 17.

Today we are fasting from the thought that says, **"My life is not that special."**

Though hard to admit, this mentality is often under the surface of our lives. It's a mindset that hems us into a mediocre and boring existence.

LET'S CHANGE IT TODAY

1. YOU HAVE A DESTINY.

Believe it. Jeremiah 1:5 says, *"Before you were formed in your mother's womb, I knew you and destined you..."*

2. REMEMBER THE SONG, "YOU'RE JUST TOO GOOD TO BE TRUE. CAN'T TAKE MY EYES OFF OF YOU?"

This is what God is saying about you! Genesis 16:13 says, *"You are the God who sees me!"*

3. YOU CANNOT GO UNNOTICED.

Luke 8:47 says, *"Then, the woman, seeing **that she could not go unnoticed**, came trembling and fell at His feet."* You are chosen by God.

4. JESUS IS COMING OVER!

Remember Zacchaeus climbing up a tree to see Jesus? In Luke 19:5, *"Jesus looked up and said to him, 'Zacchaeus, come down. I must stay at your house today.'"* He wants to come to YOUR house today. YOU ARE THAT IMPORTANT TO HIM.

5. YOU ARE OF THE FATHER'S EYE.

Whoever touches you is touching the apple of God's eye. You are God's greatest desire. You bring Him great joy!

THINK IT AND SAY IT

I have a destiny. I am chosen by God. I cannot go unnoticed by Jesus. He sees me, and recognizes me, and calls me His own. He is coming over to my house because He loves me and considers me significant. I reject all feelings of insignificance and unimportance. I am the apple of His eye, in Jesus' Name!

DAY 18.

Today we are fasting from the thought that says, "I can't stop."

Quitting a habit, a sin, or an addiction can be one of the hardest things in life; but it becomes easy when we realize Jesus not only died to forgive our sins, but also to give us power over sin, and to free us from being in bondage to anything.

LET'S CHANGE IT TODAY

1. STOP TRYING TO STOP.

Instead, just continue to fast from wrong thinking. Proverbs 23:7 says, "*As a man thinks, so is he.*" Your thoughts will shape your decisions; your decisions will shape your actions; your actions will shape your habits.

2. AWAKEN TO THE GRACE OF GOD.

Romans 6:14 tells us that sin does not have dominion over us "*...for we are not under the law but under grace.*" Embrace the grace! It is the free, unearned, and undeserved love of God!

3. GRACE EMPOWERS.

Titus 2:11 says, "It is *the grace of God that enables and instructs us to resist and deny ungodliness.*" Go to God's throne of grace right now and ask for His help.

4. HIS YOKE IS EASY.

You are yoked to Jesus. That means He will carry the weight of your struggle and walk you through it.

5. CHANGE HAPPENS TO YOU, NOT BY YOU.

Romans 12:2 says, "*Be transformed.*" This is something that happens TO you, as you renew your mind to God's Word. It's happening to you right now as you fast from wrong thinking! And as you fill your mind with God's goodness, it LEADS you to "repentance" (which is to change your thinking, Romans 2:4)

6. "THERE AIN'T NO CAN'T"

(Quote from Mickey to Rocky in the movie, *Rocky II*) Get rid of "can't" from your vocabulary and your mindset. You can do all things through Christ.

7. STOP BEATING YOURSELF UP ABOUT WHAT YOU HAVEN'T DONE.

We often punish ourselves with self-condemnation. We will *never* do enough for God. That's why Jesus did it all. He *paid* for sin, the curse, and our failure. Our *job is to believe*.

THINK IT AND SAY IT

I am not under the bondage or control of any sin, habit, or problem in my life anymore. I am under the grace of God, giving me dominion over sin and temptation. I am yoked to Jesus. Therefore, it is His strength that I walk in. As I renew my mind to the Word of God, I am being changed and transformed, in Jesus' Name!

DAY 19.

Today we are fasting from the thought that says, "**I feel like I've failed,**" or "I've **failed** in **my relationship** with **God**, in **my faith**, and in **my life**, etc."

The feeling of failure can be disheartening and depressing. It can keep us in a cycle of defeat.

LET'S CHANGE IT TODAY

1. YOU HAVE COMEBACK DNA IN YOU.

Even in what seems like the worst situation, the same Spirit that raised Jesus from the dead lives in you. Expect your comeback! You have resurrection DNA in you!

2. FALLING ISN'T FAILING.

Proverbs 24:16 says, "*A righteous man falls seven times, but he rises again!*" You are righteous in Christ. See yourself as someone who rises up. When you've fallen, you have the right to get back up.

3. JESUS GETS HIS PRAYERS ANSWERED.

And He is praying for you, that your faith would not fail. Luke 22:32 tells us that Jesus said to Peter (and to you), "*I have prayed for you, that your faith would not fail.*" You are not going to fail. No shame! Get up.

4. JESUS IS TURNING TO YOU, NOT FROM YOU!

In Luke 22:61, Jesus turned TO Peter after he denied Him. He didn't turn FROM him. You are accepted! This acceptance transformed Peter's life after he hit rock bottom. God accepts you, just like He accepted Peter, even when you've failed.

5. EVEN WHEN YOU'RE DOING POORLY, GOD WILL NOT FAIL YOU.

He's going to make sure you make it. Your relationship with Him was His idea, not yours. He will finish what He started.

6. IN ONE MOMENT, GOD CAN TURN AROUND YEARS OF APPARENT FAILURE.

In Esther 9:1, God's people were about to be destroyed, but God suddenly delivered them. In only ONE DAY, the tables were turned, and God transformed certain defeat into total victory! If God could accomplish this for them, He can do it for you!

THINK IT AND SAY IT

I have comeback DNA in me! It's my new nature to always rise, even when I've fallen. I have the blood-bought right to get back up when I've failed! Jesus doesn't turn from me when I've fallen; He turns to me and prays for me. I cannot fail. He will not fail me. His love will never fail toward me. I am expecting God to turn my failures and frustrations around beginning today, in Jesus' Name!

DAY 20.

Most people know the benefits of fasting from food, but fasting from wrong thinking has been an untapped treasure and force- until now! As you continue this amazing journey and tap into this power, you will be transformed!

Today we are fasting from the thought that says, **"I don't have enough."** This is a mindset that says, "I don't have enough money. I don't have enough time. I don't have enough friends. I don't have enough education,etc."

These thoughts build an invisible fence that keeps you in the backyard of lack and deficiency.

LET'S CHANGE IT TODAY

1. BELIEVE IN GOD'S ABUNDANT PROVISION.

Our God calls Himself: El Shaddai, the God of more than enough. We have more than enough of God living inside of us. Let's stop thinking in terms of *not enough* and start thinking in terms of *more than enough*.

2. THINK MULTIPLICATION.

God said: Be fruitful and multiply. He is a multiplier, and so are you. Believe in the God of multiplication!

3. THINK APPLE ORCHARD.

A seed becomes an orchard. One little seed becomes more than enough apples for a whole community! Believe in the power of a seed.

4. SEED MEETS NEED.

Remember, even God cannot multiply a seed that you don't sow. Sow a seed.

5. BE PATIENT.

Farmers understand there is seed, time, and harvest. Don't forget that *time* is the connector between the seed and the harvest.

6. GOD IS NOT TRYING TO GET SOMETHING FROM YOU; HE'S TRYING TO GET SOMETHING TO YOU.

Trust. Let go. As you let go of what you have in your hand, you are able to receive what God is trying to put in your hand! Give, and it will be given back to you in good measure.

THINK IT AND SAY IT

I always have enough, because Philippians 4:19 says, "God *shall supply ALL my needs, according to His riches.*" I always have enough, because My God is more than enough. I believe that seeds meet needs. I am a sower, and therefore I am a reaper. God is a multiplier, and so am I. I am called to be fruitful and multiply. God is multiplying every good seed that I have ever sown. As I give, He gives back to me good measure, pressed down, shaken together, and running over, in Jesus' Name!

DAY 21.

Today, we're fasting from the thought that says, "**I feel like giving up.**" When problems mount, your prayers don't seem to be answered, or you continue to struggle in your home, finances or health, it's easy to feel like throwing in the towel.

LET'S CHANGE IT TODAY

When you feel like giving up...

1. GO AHEAD AND GIVE UP! YES! GIVE UP!

Not by quitting; but by giving upWARD to God. Honesty with Him is the best policy. Go ahead and tell Him right now: "Heavenly Father, I feel like giving up. So, I need You. I need Your strength. Apart from You, I can do nothing. So, I bring these feelings to You and I receive Your help, in Jesus' Name!"

2. YOU ARE NOT YOUR FEELINGS. IT'S OK TO FEEL LIKE GIVING UP.

God is not disappointed in you. He is not expecting you to go it alone. He is with you! "For He Himself has said, 'I will never leave you nor forsake you.' So we *may boldly say: 'The LORD is my helper; I will not fear. What can man do to me?'*" Hebrews 13:5-6

3. BELIEVE IN THE POWER OF THE HOLY SPIRIT TODAY.

Romans 15:13 says, *"The God of Hope fills you with all joy and peace, through believing- that you may overflow with hope by the POWER of the Holy Spirit."* Expect His power. And hope will come!

4. RECEIVE THE GIFT OF HOPE TODAY.

In Jeremiah 29:11, God says: *"I know the plans I have for you; to give you a future and to GIVE you a hope..."* A good hope and a good future are GIFTS FROM GOD. God GIVES you hope. It is not earned or deserved. ASK and RECEIVE it, because God freely gives it.

5. EXPECT HIS REWARDS!

God wants **to reward** you! He is the Rewarder. And **your** part is to **be** confident that HE is your Rewarder. Hebrews 10 says, *"Don't throw away your confidence, because it carries a great reward."* Even when things seem to be going wrong, one after another, cling to your confidence! It's okay to stumble, just stay with it!

6. ADOPT A "STAY WITH IT! MINDSET." YOUR GREATEST ASSET IS YOUR MINDSET.

It's not over. It's going to get better. God's timing is perfect. He is at work in your situation! Romans 8:28 is still undefeated and is the reigning champion! God is working it all together for your good! Life is not happening TO you; it's happening FOR you! He is your Rewarder!

THINK IT AND SAY IT

God is not disappointed in me, even when I feel like giving up. I give my feelings to God. He is my hope. Romans 8:28 is still undefeated, and God is turning everything around for my good. My future is great because God has it all planned out. The power of the Holy Spirit is working in me, to flood me with overflowing confidence, courage and hope. I am confident that my Heavenly Father is my REWARDER, in Jesus' Name.

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